

THE SPILL

carolyn ingram

FROM HIGH SCHOOL TEACHER TO BEAUTY EDUCATOR, THE FOUNDER OF CHE SKINCARE TELLS **CASSANDRA LAFFEY** ABOUT HER ABOUT FACE.



I WAS BORN in Cairns and went to primary school there and high school in Mackay.

I became a high school music teacher, and I still do one day a week with the department of education. Saxophone is my major but I teach woodwind and I take the concert band at school. It's great fun and a great outlet for me.

I met my husband, Scott, when he was studying medicine and playing trombone in a jazz band. He became a plastic and reconstructive surgeon, so I was immersed in this world of cosmetics and, coming from a world of soap and water, it was a really steep learning curve about how you are supposed to be looking after your skin.

Going to conferences [with him and] meeting people and hearing their stories, I was like a sponge; I was absorbing all this information. Then I started doing research, reading medical papers, scanning the internet and finding out all about ingredients and what actually makes a good skincare. When we

opened up Clinic Aesthetic three years ago, I started getting more involved in the world of skincare.

After all the research I did, I couldn't find a skincare range in Australia that had everything I wanted. Che is a medical-grade skincare range. I really believe in chiral correctness, which involves analysing each molecule. I've been working on it over three years with a cosmetic chemist so it's been a lot of time and energy.

I made sure you could leave it on the bathroom shelf on a hot summer's day, so it's made for the Australian environment. It's made here, it's manufactured here and it's bottled here, so it's 100 percent Australian.

I'm always thinking of new things. I really want to bring out a sunblock. There's no point looking after your skin if you are going to go out in the sun without sunscreen. You may as well throw all the products in the bin.

We've got it covered...

IGA + 24 Specialty Stores
Milton



homewares

CARLY1017

OPEN 7 DAYS 36 Baroona Road Milton

